

Abstract

A family has an invaluable significance for a child of preschool age. It is a basic factor that determines his overall development and nature of free time activities. One of the most important activities are the shared activities of the child and his parents or grandparents, who play an important role in raising of preschool children and showing him a meaningful use of free time. The choice of free time activities should be appropriate to the child's age and should be based on their needs, abilities and skills. The activities should be interesting, varied, from different areas and should have the character of a play. The main way for children to spend free time should be a game. My research has shown that most of the mothers spend more time with their child than the father, with the largest difference occurring during working days. The range of activities reported by parents was greater than those reported by children, but there was a good agreement in the predominantly indicated plays and physical activities. Among the parents' predominant activities were also full-time activities outside the working day. The vast majority of parents indicated that grandparents spend time with the child at least once in 14 days and that they participate in his upbringing. Children also reported that they play with the grandparents and spend time with them outdoors. The responses of children also revealed that most girls prefer to play with their mother and a girlfriend and most boys with a boyfriend or brother. The most popular activity for boys and girls is a game, with the favorite types of games differing significantly in boys and girls.