

Abstract

This thesis is focused on the relationship between spirituality and treatment of addictions. A short outline is made about main problems involved in treatment centers providing care for addicted people. Problems are seen in a paradigm of biological-psychological and social dimensions of human being.

This thesis considers Logotherapy (V. Frankl), Focusing (E. Gendlin), Process work (A. Mindell) and a Psychedelic therapy (S. Grof) and their attitude toward the spiritual dimension of man and specific approaches in this dimension and treatment of addictions.

Research finds out implementation of the spiritual dimension into work and facilities providing care for addicted people. Findings say spirituality is integrated only in a small number of facilities. All researched facilities are open toward spiritual topics.

Key words: Spirituality - Therapy - Addictions - Logotherapy - Focusing - Process-oriented work - Psychedelic Therapy - Holotropic Breathing - Therapeutic community - day care - Aftercare