

## **Abstract**

**Title:** Locomotive activities of handicapped persons living in social services facilities

**Objectives:** The objective of the thesis was to determine the quantity of locomotive activities offered to handicapped persons living in social services facilities in the Central-Bohemian Region. The research plan pursued the availability, personal experience with, and objective frequency of, free-time locomotive activities of the target group.

**Methods:** The status and the level of locomotive activities offered to handicapped persons were established using mixed research (a combination of qualitative and quantitative research). The collecting of data took place in the form of controlled interviews within which a non-standardized questionnaire divided in six topical modules was filled out with respondents of the age of 18 to 40 (the average age was 31.4). Such topical modules comprised of 94 polytomic questions, 20 dichotomic questions, and 6 open questions that were responded to by the total of 40 persons (20 males and 20 females) from 5 facilities. Personal questioning of a manager also took place in each facility, the manager responding to five pre-defined open and informative questions.

**Results:** Provided that at least 80% of all respondents performed physical activity, has not been confirmed, but 72.5% of individuals engaged in sports with our estimation approach. More sports activities benefiting men (65.5%) than women. Space facilities for physical activity in plants is good. Our hypothesis about the availability of at least three areas, which are designed for sports doesn't meet only one of the five monitored devices. The desire of the respondents found the new sport is less than expected (50%). Our assumption was that the new sport would like to operated at least 60% of respondents.

**Keywords:** Sporting activities, handicapped persons, physically handicapped persons, mentally handicapped persons, combined handicaps, institution of social care, homes, social services.