

The title of my thesis is „Extraordinary sports within out-of school activities of younger pupilage children
This diploma thesis introduces a historical evolution and rules of extraordinary sports like ricochet, squash, floorball, frisbee ultimate, double disc court, baseball, softball, tee ball, korfbal, ringo.

My thesis is focused on tee ball in detail. In terms of this sport a methodical model of training for pupils of the 4th and the 5th classes in ten training units is formed. Pupils were tested at checking of this methodical model in practise. Methodical model of training contains elaboration of a warm-up with different apparatus and body-builders and different motion plays.

Since extraordinary sports in Prague 9 are concerned, two questionnaires have been drawn up - one for physical education teachers of the first grade or for supervisors of out-of school activities focused on extraordinary sports for younger pupilage children, and the second questionnaire for children of the 4th and the 5th classes of the basic school.

Testing pupils and regarding results of the questionnaires I can say floorball and ringo are extraordinary sports being played most. Schools dispose of sufficient space conditions for playing of extraordinary sports. Particular schools are best equipped for floorball and ringo sports.

Methodical model of tee ball training appears to be suitable for particular pupils age.