In my diploma thesis called "The start of sexual life from the adolescents' point of view" I firstly theoretically define the personality of adolescents, its formation, sexuality of adolescents, and also legislative framework of the researched problems and the risks of an early start of sexual life. Then I bring in the results of my private research - the aim of it was to chart the attitudes of 13-16 years old interviewees from Prague and Sokolov districts (elementary school pupils) towards the question of start of sexual life. My other focus was an analysis of the researched data and a comparison in terms of age, sex and living location and a quantitative analysis of sexual experiences of the target research group. The target research group had 296 respondents (131 from Prague and 165 from Sokolov). I collected the data using a questionnaire, which consisted of 31 questions (closed, half-closed and opened). The closed questions were worked out using IBM SPSS statistical software, significancies were calculated using the T-test.