

In a first part of my dissertation I attend to explain what an obesity is and it's spreading occurrence as well in our country as in all around the world. Below there are described a types of obesity, ways to prevention, causations, genetic predispositions and health complications, which obesity causes.

The second part focuses on how the health-resort therapy of an obese child is proceeding and furthermore focuses on a psychological therapy which is a part of this treatment. The dissertation is added by diagrams which evaluate physical proportions of children coming into a health-resort therapeutic program.