This work deals with the immigration of Cubans to the Czech Republic, their life in the Czech Republic and especially their social and cultural adaptation to the Czech milieu. The aim is to find out the reasons why Cuban migrants leave their country of origin and why they come to the Czech Republic. It goes on to describe the way how the individual respondents integrate to the Czech milieu, what helps them to adapt and what is difficult for them. The subject of the research are the Cuban migrants in Prague who came to the Czech Republic (Czechoslovakia) before the 1989 and keep coming up to the present day.