This doctoral thesis with the name „Pastoral care of adolescents in spiritual crisis“ is intended for counsellors who have regularly contact with young people. Thesis is divided into theoretical part with four chapters and empirical part with two chapters. Between main contributions of this thesis belong view of youth pastoral care conditions in our Czech environment and also summary of relevant literature. The doctoral thesis defines four types of adolescent’s spiritual crisis. This spiritual crisis has close connection to Erikson’s identity crisis. The thesis also describes few principles of young people counselling with an emphasis on positive aspects of every crisis.