

The Phenomenological reflection of visual artifact methods such as the possibility of safe treatment of disturbing emotions of the child.

Theoretical Foundations of salutogenetic use of Phenomenological reflection of visual artifact methods.

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Abstract:

The Phenomenological reflection of an authentic visual artifact represents a non-directive method enabling, in the framework of the salutogenetic support of individual protective features (framework: hardiness, resilience and sense of coherency), to cope with disquieting emotions. The functional viability of the method, confirmed at the theoretical modelling level, consists in evocating and maintaining a direct experience of the reflected phenomena and their authentic thematic representation. In the course of an actual experience, the disquieting emotion is made Avare through relating it to the artifact in question. In this way, the emotion is thematized at the level of somatic experience, its character „felt shift“ and a long term personality change occurs. The aim of the project is to assess the various aspects of the functional viability of introspection as the underlying approach. It is applied for examining the somatic experience in the course of phenomenological reflection of visual artifact as the chief object of study.

Key words:

Phenomenological reflection, Relationally mediated reflection, Somatically ground experience, Visual artifact, Eidos, Logos, disquieting emotion, Child's psychic life, Salutogenesis, Pathogenesis;