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Summary

The actual level of factual ageing of organism is characterized by biological age. By means of measuring function ability of physiological systems it is possible to evaluate the biological age and use it as indicator of premature ageing. The article brings an overview of contemporary used potential markers for the measurement of biological age and difference among calendar, biological and social age.

Inclusion of biological age in to basic screening of precaution should bring another perspective how to measure objectively the changes in organism that correspond with ageing.

The own measurement markers was running in group 25 healthy men in 36 – 54 ages. The second group was from 20 men in 33 – 50 ages, paraplegics.