I dedicated my paper to the theme of health impairments' liminality and the way how horses can help people with health impairments to find their way through life. I come out from my personal experience with horses and people with health impairments. Theoretical concepts that deal with the life of people with health impairments, with the potential incidence of horse in today's society and the schema of rites of passage; with their liminal state first of all, are the base of my paper. Very important are the thoughts of Robert F. Murphry who denotes that health impairment is the kind of liminality. In the practical part of my paper I realized research based on quality methods. The objective of this research is to show whether it is possible that the horse becomes the mediator of passage from the health impairments' liminality. The aim of this paper is to answer this question and broaden the knowledge about positive changes that evoke horses in the lives of people with health impairment with the dimension of leaving the liminality.