

The paper deals with the implementation of the health support to ŠVP with the stress on the nourishment and the diet. The research was carried out in the thirty basic schools in the southern Bohemia. The part of the nourishment and its implementation to the education leading towards the health was searched in the details. The research was even bigger at ten schools because it dealt with the situation in the school dining facilities. The theoretical part of the study describes basic learning about the health and its implementation to the school educational programmes. The target and the goal of this part is the education leading towards the health. Also concentrates on the nutritious value of the school food. The practical part searches the implementation of the health education to the school educational programmes with the help of the analysis and the questionnaires. The concentration is dedicated of the part of the nourishment and the health. There is also characterization of ten typical school dining facilities with the concentration on the nourishment.