

Generally known fact is that there is a worldwide aging population. The development of science and technology, newdiscoveries in medicine, improved lifestyle leads to a gradual lengthening of human life and thus to increase the share seniors in the population.

With naturally-rising life expectancy is increasing health problems. Rising polymorbidity, polypharmacy, reduced mobility and self-sufficiency of seniors and increases the need health and social care. Injuries are not only in this age category and not just in terms of health serious problem. The older age and worse health status, the injuries are more frequent, greater and also the cost of treatment and aftercare are higher.

Prevention in this area helps to reduce injuries and her associated costs and improve the quality of life of seniors, but is unlikely quantify the money. It is therefore important that information on the prevention injuries received in the public consciousness.

In my work I have focused on particular types of injuries typical of older age, their causes and consequences and then Limited possibilities of their prevention.