

Canistherapy may be considered one of complementary methods of psychotherapy or aktiviti with the help of a dog human team. Although it is not yet acknowledged as a legitimate therapy, it is being practicc more often thanks to specialist, as well as non-specialist volunteers. The thesis describes the development of coexistence of humans and dogs and introduces integration of animals into therapy. It draws attention to the importance of animals for human health - focusing on healthy Psychological development of children. Further, the thesis offers closer look at concepts related to animal-assisted therapy and canistherapy, with the possibilities of their use and its techniques. An extensive part of the thesis is devoted to training process of a canistherapeutical team. Practical section offers a record of three canistherapeutic IccUires at special kindergartens. It states the Principles of work with the canistherapeutical approach. Concluding summary includes recommendations for the canistherapeutical work.