Focus: The work is a theoretical study complemented with a didactic part.

Topic: Ceramics, ceramic making and its suitability for young and old.

Aim: To further familiarize the public with ceramic making and its positive impact on individuals and groups of different gender and age. The work also presents theoretical and practical knowledge in the field and, as such, motivates the public to spend a pleasant and effective leisure time.

Contribution, knowledge: This work should help select the most appropriate ceramic classes, possibly direct teachers to allocate ceramic classes, organize their activities and achieve the goals.