

Abstrakt v AJ: The bachelor thesis deals with feeding of seniors in hospice. The aim of the thesis is to investigate the nutritional state of seniors in hospice, their dietary habits, and their satisfaction with feeding.

The importance of nutrition, the main components of diet (proteins, saccharides, lipids, vitamins, minerals, and trace elements), examination methods of nutritional state, and dietary system is emphasized in the theoretical part of the thesis. Further, the trophotherapy and the methodology of seniors feeding are defined.

The bachelor thesis is based on the quantitative research using the method of questionnaire. The nutritional state of seniors in hospice, their dietary habits, and satisfaction with feeding are monitored thereby. The created questionnaire was distributed to patients, 65 years old and over, in hospice in Jaroměř and hospice in Hradec Králové.

Klíčová slova v AJ: senior, hospice, nutrition, nutritional screening, feeding, dietary system