

ANNOTATION

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Title of the work:	The intensity of the burden of providing care for the sick with Alzheimerovou diseases
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Number of pages:	101
Numer of enclosures:	3
Year of vindication:	2010
Key words:	strain, stress, Burnout, caregivers, Alzheimer's disease

The thesis describes and discusses the physical and emotional strain experienced by nurses and caregivers caring for Alzheimer's patients. The theoretical part focuses on Alzheimer's disease, its stages, symptoms, treatment and nursing care for Alzheimer's patients. It also describes the strain experienced by nurses and caregivers, and provides several suggestions for preventing related stress and burnout. The empirical section describes the work methodology and presents relevant research. The research was conducted using qualitative methods, the data collection was carried out by semi-standartized interviews, and the results were evaluated using open coding. The thesis analyzes the strain subjectively perceived by nurses and caregivers, focusing on emotions, everyday life of nurses and caregivers, possibilities in combining professional and personal lives, and awareness of the burnout syndrome and its prevention.