

## ANNOTATION

- Surname and name:** Křížová Blanka
- Institution:** Univerzita Karlova v Praze, Lékařská fakulta v Hradci Králové
- Project title:** Stress and coping of this load on nurses who work on pediatric wards in hospital.
- Supervisor:** prof..PhDr. Jiří Mareš, CSc
- Defence year:** 2010
- Key words:** children's nurse , children , stress, coping, relaxation, recreation

The goal of bachelor's thesis is to analyse stress, mental load and coping of this load on nurses who work on pediatric wards in hospital.

In theoretical part I work with expressions of stress – types, cause and manifestation, stress adaptation.

Burn out syndrom as result of stress. Possibilities of relaxation and recreation.

The quantitative study was carried out to measure effort and working conditions on pediatric wards, according to structured questionnaire.

In a quantitative questionnaire study took part 100 nurses of 9 pediatric wards. Hypothesis no1 and no2 has not been confirmed-stress feelings of nurses are not impressed by neither age nor their own children. Hypothesis no3, no4 and no5 has been confirmed partially. These hypothesis describe major stress and anxiety by which suffer nurses working on intensive pediatric care wards, satisfaction and good feelings of nurses working on standard pediatric wards and interaction between major stress and somatic diseases.