

## 1.1. Summary

The objective of my thesis is to refer about the influence of working abroad on human health. There are four basic fields to be focused on: general process of adaptation and socialisation in the new conditions abroad, different geographical and socio-economical situation's influence on health, chronic diseases and infectious diseases abroad and prevention of health problems in any moment of the temporary stay.

Thanks to the more accesible job market many of czech citizens are going abroad for a certain periode with varying motivations. Some of them want to earn money, get new experiece, some of them leave because of private or family reasons, political reasons or they want to do the charity, adult education etc.

Surprisingly, the major reason for an early return is not infectious or chronic diseases. Infectious diseases pay tribute to an early return only in 5-10 %. The most common reasons are the psychological ones. In 60 % of cases the reason to return back is a frustration or incapabilty to cope with new conditions of life.