The aim and content of this thesis is a description of the relationship between personal assistant and a client with physical disabilities. Personal assistance as service is described mainly according to the Act No 105/2006 on social services. The second part of the theoretical section is devoted to the issue of physical disability, especially from the perspective of social psychology. The central and most important section of my thesis describes the issue of relationship, its origin, course and termination. This section aims at analyzing the issues of power and boundaries in relationship as the knowledge of these issues is important for an assistant providing personal service. While working on this section of my thesis, I devoted attention primarily to systemic approach and relationship theory of C. Rogers and his followers. The theoretical part consists of an extensive case study, which is a means to illustrate practical example of the described subject.