

ANGLICKÁ ANOTACE

Marriage preparation based on experiential education

This thesis deals with the current view of marriage on both the natural and the spiritual levels from the standpoint of tradition as well as the teachings of the Church. The present day crisis of traditional marriage increases the need of engaged couples to undergo appropriate marriage preparations before taking such a vitally important step. This thesis offers a schema of things in the form of preparatory lectures, which is nowadays used. However, as a fitting adjunct to this rather intellectually focused form of marriage preparation, the method of experiential education is also recommended. This method tries to inspire a person through the form of reflected experiences leading to the change of attitudes, self-reflection and direct personal experience. The disruption of the existing comfort zone of living and experiencing undermines the well-established sense of security and leads quite spontaneously to the much needed widening of the person's perception. Dramaturgically successfully orchestrated experiential activity may bring the engaged couple closer to finding answers to the basic questions in relation to the contemplated marriage and may ideally also strengthen the bond between them. Joint experiences of this kind unite the man and the woman on their path to God.

Keywords:

marriage, marriage preparation, education, experience, experiential education, outdoor education