

This paper deals with the problematic of vertebral algic syndrome from the side of efectivity of different times of therapies on the overall treatment of this illness. It includes theoretic and practical part. The theoretical part briefly described the structure, mobility, range of motion and muscles of the spine, and also includes the chapters describing the vertebral algic syndrome and the possibility of the treatment.

The practice part is focused on the conclusion of the treatment results within the illness with the questionnaire survey in a group of patients with intervertebral disc prolapse in the lumbar and lumbosacral area, which indicate chronic pain problems. The goal is to find the determine if any type of this therapy significantly affects the results of this treatment for the chronic back pain syndromes.