

Annotation

My bachelor work deals with the problems of children obesity.

I mention the definition of obesity, BMI, children obesity consequences, food pyramid, drinking habits and movement activity of children in the theoretical part. Further I analyse psychological aspects of children obesity, the personality of an obese child and behaviour disorders of obese children.

In the empirical part I describe the process of doing my research.

At the same time I compare the answers of children from primary school and secondary school. I examined the children from primary school using narrative analysis while with the children from secondary school I led a half structured conversation. All in all 36 children from primary school and 11 children from secondary school took part in my research. I deal with questions of popularity of meals, regularity of eating and also how children spend their leisure time. The end of my work is devoted to the evaluation of it.