

This dissertation deals with mapping modern trends in the field of foreign language instruction and special attention is paid both to constructivist approach, simulation method and its application in university foreign language instruction. Its research is focused predominantly on mapping the university students' preference for the simulation method and the impact of this preference on their communication apprehension. Outcomes of the research revealed both that the students' preference for the simulation method is influenced by students' selected internal characteristics (ie. their motivation and foreign language competence) and that the preference corresponds with their subjective perception of the communication apprehension.