

Defining and summarizing psychological difficulties adult is dealing with during the process of learning is the goal of this thesis as well as appreciation of such factors as age and involitional changes of organism on perception of stimulation while obtaining new information and skills.

It is important to know the process of learning itself, individual sorts of learning, physiology of the most important senses and retention of information in one's memory especially nowadays when the lifelong learning is a necessity for proper execution of one's profession.

In the thesis you can read more about the operations which complicate one's learning but also about partial possibilities of its compensation or total elimination. The thesis describes helpful processes of learning and processes facilitating learning.

Positive motivation and one's properly chosen objective is highly accented while describing evaluation of conditions for learning. The objective must be objectively set up by the student but by the teacher, too. In that accordance the attitude of a teacher and his (her) personality is very significant.

The thesis was made by methodology of reasearch in scholarly literature mostly from such disciplines as evolutionary psychology, psychology of personality, pedagogical psychology and theory of education of adults.