Abstract


My rigorous thesis was intended on professional research on the topic: The importance of phytoterapy in the treatment of benign prostatic hyperplasia.

The aim of my rigorous thesis was determined how wide importance and share has phytotherapy in the treatment of Benign prostatic hyperplasia. The survey was conducted on the basis of questionnaires (number 100) with patients in the Hospital pharmacy of Regional hospital Kolín, a.s. and a small part in the Urological ambulance department of Urology at the Regional hospital Kolín a.s.

From our survay shows that phytotherapy has its obvious importance in the treatment of early stage BPH (I. a II. stage). Share phytoteraphy in the treatment of BPH is 38%, 1% of a combination of both therapies and 61% is pharmacotherapy.

Plants that are especially used in the treatment of BPH are sorted descending according to the obtained results: Serenoa repens, Epilobium parviflorum, Prunus africana.