In this work Nexus of Christian Spirituality and Sexuality in an Erotic Relationship between Man and Woman, author tries to make an insight into questions, whose rise from this related affiliation. He tries to make it by conceiving these two large scale phenomenas so they could have join in the controversial relationship with holistic concept of percieving a man. Spirituality and sexuality are both powerful forces, who imminently refer to every man – therefore their conscious and positive relationship is an important embouchure in a man’s life. First of all, author speaks of various embracement of nowadays post moderna and he makes it through historical analysis up to Christian understanding of spirituality, which etymologicly comes out from God’s third persona – the Holy Spirit. In a part of his work adressed to the spirituality develops some crucial elements of spirituality, such as mysticism and asceticism. This is followed by pass into biblical embracement of a man and a chapter ends by biblical sexuality, which is again followed by part about interdisciplinar embracement of sexuality. In this part are included various theories of sexuality and love, mostly the one about erotical refering from biological embracement of a man to psychological tendencies and meanings. Conclusion is dedicated to relationship of spirituality nad sexuality, where destructive and constructive sexual tendencies and meanings from christian and spiritual point of view are being checked out. Finale of this chapter is spiritual meaning of erotics in marriage and mystical deification with help from erotic love.