

Abstract

Objectives of work:

Analysis of use of space and form in choreography in aesthetic group gymnastics, drawing a set of recommendations to improve this aspect of the choreography.

Method:

Monitoring ESG choreography on national and international competitions. Subsequent analysis of the sample of teams from World Senior Championship in AGG 2006. Comparison of obtained results.

Results:

From the analysis and subsequent comparisons, we obtained a set of knowledge concerning the use of space and form in choreography of AGG, which may be a basis for improving choreography of Czech AGG teams.

Key words:

choreography, motion composition, spatial and formational choreography, aesthetic group gymnastics, analysis