

Title of work: Assessment of injuries among junior elite female volleyball players

Problem definition: In professional sports, we often encounter accidents, acute or injuries from overloading. Volleyball is no exception, although it is ranked among non-contact sports. Restorative and compensatory funds should be in top Sport form one of the most important roles in the prevention of accidents. In this thesis, we focused on the assessment of injuries in selected female junior teams extraligových category.

Objective: The objective was to create a special questionnaire usable in Practice for players and volleyball players. Another objective was to assess the accident and determination of the most common injuries, further assessment of the level of regeneration and compensation among selected junior women's volleyball extra league teams.

Method Solution: Work included research conducted at 6 extraligových teams juniors aged between 16 and 19 years. The competition was divided into 2 groups (Czech and Moravian), so we were always chosen 3 teams from each group, which in the 2008 season - 2009 moved to the top positions of the table. The research was based on the method non-standardized questionnaire. This questionnaire filled the 12 girls from each team, a total of 72 girls was compared. Survey results were compared with all players from all selected teams.

Keys words: woman and sport, volleyball, sports injuries, regeneration and compensation funds, physiotherapy