Title:
Significance of introductory exercises in teaching of elementary windsurfing.

Objectives of the Theses:
To prove the significance of introductory exercises in teaching of elementary windsurfing.

Method:
According to the classification of the research used in the theses, this is a pilot comparative study based on preliminary testing of an experimental group of students, a week's training period and a final outcome testing.

Results and Conclusions:
Results of the research assess the influence of application of introductory exercises on the pace and quality of acquisition of basic skills in windsurfing.

Key words: windsurfing, introductory exercises, basic skills, testing