

This bachelory work focuses on a crisis of meaning in a human life in Post-Modern Times. First I present in a short historical excursion the changes the Western society went through Modern and Post-Modern times. I point out its impact on the human condition by using Post-Modern types of Zygmunt Bauman. Further I briefly discuss the existentialism philosophy that influenced logotherapy and existential analysis. I pursue in more detail these theories of psychotherapy that deal with the will to meaning, basic personal motivation of man and other existential issues to showing their benefits in terms overcoming the crisis of meaning Post-Modern age. Further I describe therapeutic intervention according to Elisabeth Lucas and Alfred Langle and also shortly discusse the importance of the relationship between therapist and client. My work is written from a Christian perspective and therefore there is a broad dialogue with the Scripture.