

This work aims to describe Dr. Klepova's holistic programme that is intended for children who need help improving their motor skills. The first part focuses on basic theoretical knowledge and is dedicated to motor development dysfunction's manifestations and diagnostic method. The next part focuses on movement and motor skills. Third part is focused on theoretic part of Dr. Klepova's holistic programme. In the last part I describe Dr. Klepova's holistic programme through the practical application of some specific exercises. This part contains a case studies with medical history, some specific examinations and recommendation for exercises according to Dr. Klepova's holistic programme.