

Annotation

Key words: handicap, quality of life, mental adaptation, barriers, life values, issues of health, social issues, bio-psychosocial needs, spiritual needs, stress.

In my thesis I focus on individuals after transversal spinal lesion in the sphere of pectoral spine. With the help of structured interviews I tried to find out about the quality of life after the injury. All people questioned were asked the same questions. I did not interrupt the informants. I let them speak spontaneously. I used only the information important for my work. I focused on adaptation to the handicap after five years the since the injury happened, life values, and changes of preferences, quality of life, troubles that mean their social limitation and integration to the work process. The information elicited from the interviews is presented in the form of casuistries. Each casuistry contains nine questions. I asked four men and four women. In the theoretical part I focus on areas that are disturbed by the newly existing handicap. This means the area of satiation bio-psychosocial and spiritual human needs.