

The thesis "Life satisfaction in the senescence" describes the period of senescence and the sources of life satisfaction of seniors within the framework of the quality of life. The theoretical part summarises the aging process from biological, psychological and sociological point of view; continues with the concept of life satisfaction in the senescence and the relevance of an active life style. The practical part contents then a research mapping out a life satisfaction in relation to the activity of seniors. The study also focuses on the attitudes towards the senescence in connection with an active life and compares them with different parts of the quality of life in the elderly.