

This master thesis is focused on the psychological aspects of the reentry to the home culture from the studying programme LLP - Erasmus. In the theoretical part of the thesis, the reentry from Erasmus is seen as a complex phenomenon which consists of cognitive, affective and behavioral processes. The attention is mostly dedicated to the psychological problems of the reverse culture shock. In the theoretical part, there is also introduced a concrete design of the reentry training because the reentry training seems to be really helpful for a successful students' readaptation.

The empirical part of the thesis consists of the quantitative and qualitative study and investigates the psychological aspects of the reentry period of the individuals who study at the Faculty of Arts at the Charles University in Prague and who attended LLP - Erasmus in the academic year 2007/2008. 103 students participated on the quantitative study and they were tested if their sex, age and the duration of the foreign sojourn influence a degree of the reverse culture shock and the duration of the readaptation which is needed for coping with the readaptation problems. It was found that sex and age do not influence both a degree of reverse culture shock and the duration of the readaptation. The qualitative study continues on the quantitative study. Interviews with 17 absolvents of Erasmus (who participated on the quantitative study) were realized. Apart from the working up of the reverse culture shock, the interviews also detected other areas which are connected with the long - term foreign sojourn and which influence students' readaptation (pre - reentry stage; changes in the interpersonal relations; the perception of home; perspective of the home and foreign culture; changes of identity).