

In the diploma essay there are taken down various insights and opinions of experts on mental resistivity of a human. Further there are mentioned negative emotions and their influence on individuality and also factors, which have a huge impact on development and formation of mentally forcefull and resistant individuality. The goal of this diploma essay is to note down the approaches of teachers at basic schools at the first level to the section of support of children's mental resistivity. The ending of this essay is devoted to my cardinal ideas and possibilities, how to increase the children's resistivity.