The key topics of this thesis are theoretical concepts that can be applied in practise and methods for social workers focusing on support of exposed families. The structure of this thesis correlates with the topic of the support of exposed families and children; basic theoretical outputs about impact of the primary relation of the children for its growth, questions of diagnostics for family function as means for effective help. Further, selected, in social work applicable for family therapeutic and intervention concepts, models of social work with families following hierarchy scheme prevention and intervention. The aim of this thesis is not to describe provided theoretical models or prioritize any of those models but to highlight the key points that can be useful for family focused social workers. Presented concept of this thesis assumes that social workers are mostly highly educated people in area of social and legal context of providing services however many times they are lacking in area of practical methods of social work, socio-therapy or family therapy as a tool for effective help to families. The aim of the theoretical part of this thesis is not a description of the legal framework of social services for families or description of particular institutions (author covered those topics in the previous work) but providing possible sources of inspiration for particular work with exposed family. Within the framework of this thesis, social services are considered as synthesis of family and individual needs and intervention approaches and those are further analysed in the practical part of this thesis.