ABSTRACT

Title:

Diagnostics of Motor Skills in Amateur Boxers

Objectives:

The aim of this bachelor's thesis is to diagnose the motor skills of 20 amateur boxers aged 18 to 40, focusing on the most represented weight categories from 70 to 85 kg. The testing will serve to assess the level of motor skills in the boxers.

Methods:

The testing will focus on one selected motor skill test, conducted following standardized procedures and conditions to ensure valid and reliable results. Participants will be male only.

Results:

The obtained results will be compared within the group, as well as with similar studies and standard test results, allowing for an objective analysis of the motor skills levels of the boxers.

Keywords:

Amateur boxing, motor skills, diagnostics, testing.