

Abstrakt

Title: The Motivation of Players in Volleyball Training

The Aim of The Thesis: The aim of the thesis is to find out which motivation factors are the most important for the players during the volleyball training. We will compare these informations with coaches results. We will also compare differences in results between boys and girls. We will create suggestion for coaches based on received information. This suggestion can be helpfull in solving motivation problems in volleyball training.

Method: Experiment will be provided by using quantitative questionnaires established for volleyball players and their coaches.

Key Words: Motivation, Achievment Motivation, Sport Psychology, Volleyball, Volleyball training