

## **ABSTRACT**

This diploma thesis focuses on the exploration of sensory perception and its significance in the creative process. A key theme is the development of sensory sensitivity and imagination through tactile and multimodal experiences, supported by experimentation and play. The motif of the journey is understood here as a space of content, offering a wide field of associations and personal themes. At the same time, it represents an approach to artistic creation and pedagogical practice, as a creative process of searching and discovering. This approach leads us to new ways of perceiving and supports intrinsic motivation as well as the ability for authentic artistic expression.

The didactic section of the thesis presents art projects that connect the motif of the journey with sensory perception. The practical part is based on my personal experience with nighttime walks, during which I explore the shifting perception and experience of darkness. The work emphasizes the importance of attention, sensory sensitivity, and openness to the unexpected as key aspects of both the artistic and pedagogical process.