

Annotation

The main aim of this dissertation is to find out to which extent do the today's teenagers lead an active lifestyle. Specifically, it's focused on uncovering importance of sport and athletic activities for gymnasium students aged 15 – 18. The survey took part on gymnasium schools on the Vysocina and South Bohemian region via questionnaire method. The intention of the survey was to compare attitudes of both Vysocina and South-bohemian students' pool. 570 gymnasists were interview in total.

Our quest was to confront and prove opinion diversity between the regions, i.e. Vysocina and South-bohemian region, as well as to carry out a gender comparison. The results in most cases affirmed our operative hypotheses. All in all, we can state that sport, as well as athletic activites in general still take an important part of today's teenage lifestyle.

Keywords:

Teenagers, questionnaire, survey, sport, athletic activities