

# **ABSTRACT**

## **Title:**

Pupil's Exemption from Physical Education in Primary School

## **Objectives:**

The main goal of this diploma thesis is to determine the number of pupils exempted from PE in primary schools in Prague 6 and to clarify the reasons for their exemption. Partial objectives include identifying the number of exempted pupils with special educational needs and exploring the attitudes of physical education teachers toward the issue of exemptions.

## **Methods:**

The research utilized a questionnaire survey in which 20 physical education teachers from 10 schools in the Prague 6 district participated, 2 teachers from each school. The questionnaire was divided into two parts. The first part which gathered descriptive data and the number of students in the classes where the respondents teach physical education was completed by all participants. The second part was completed only by those respondents who have a student with specific educational needs exempted from physical education in their class.

## **Results:**

There were 13 students (1.1 %) exempted from physical education at selected schools in the Prague 6 district in the first semester of the school year 2024/2025. Only in two cases was the exempted student one with specific educational needs. The main reasons for their exemption included the risk of disease progression, a high level of disability, and the fact that the legal guardian of the student with specific educational needs did not wish for the student to participate in physical activity. According to the respondents, the most helpful actions for including students with specific educational needs in physical education would be the presence of a teaching assistant during physical education lessons and a smaller number of students in the class.

## **Keywords:**

Exemption from PE, integration, inclusion, individual education plan, health physical education, adapted physical activities, specific educational needs.

