

ABSTRACT

- Title:** Ski mountaineering in schools in the Czech Republic
- Objectives:** The main goal was to map the current situation of ski mountaineering during school ski courses in selected schools. To find out its benefits, limits and feedback from students and parents. The sub-objectives were to consider teachers' competences to teach ski mountaineering, comparison with the traditional course concept and evaluation of students' interest in this sport.
- Methods:** The research was conducted using a mixed-method design, combining a quantitative survey of students and qualitative semi-structured interviews with three respondents, including the founder of the program.
- Results:** The results show that the teachers involved have the necessary knowledge and experience to lead ski mountaineering courses. Student responses were mostly positive, with 77% of respondents interested in continuing the sport. However, some gaps were identified, in particular low awareness of the existence of the project.
- Conclusion:** It can be stated that ski mountaineering has the potential to become a valuable part of school programmes. Its inclusion brings new opportunities for the development of pupils' physical literacy, strengthens their relationship with nature and develops important competences that can be used outside the sporting environment.
- Keywords:** school ski courses, skialp to school, winter activities, skialpinism