

ABSTRAKT

Title: Somatic differences in female volleyball players

Aim: The aim of the bachelor thesis is to compare the differences in the somatotypes of female volleyball players depending on their playing position, and thus to contribute to a deeper understanding of role-specific physiological characteristics in volleyball.

Methods: This thesis is prepared as a comprehensive study that draws on research procedures and a comparative approach. It aims to search for different data based on keywords that will allow to summarize and highlight the existing knowledge regarding the differences in the somatotypes of female players at different positions in volleyball.

Results: Based on the aforementioned studies, we found that there are some somatotypic tendencies among the different postures in volleyball. The results show that the dispersion of the values of physical parameters is evident not only between posts, but also between players from different countries or from different levels of competition.

Keywords: Volleyball, women, position, somatotyp