

Abstract

Name and surname of the author: Olívia Kondášová

Institution: Charles University in Prague,
Faculty of Medicine in Hradec Králové, Department of
Non-medical Studies

Title: Nurse's role in the care of a patient with a pressure ulcer

Supervisor: Mgr. Sarah Freibauerová

Number of pages: 68

Year of defense: 2025

Keywords: pressure ulcer prevention, nursing care, risk factors,
patient positioning, nurse education

The aim of the survey conducted at the 4th internal hematology clinic of the University hospital in Hradec Králové was to assess the level of knowledge and practices of general and practical nurses in the area of pressure ulcer prevention and care. The results showed that nurses have a good understanding of the risk factors for the development of pressure ulcers, regularly monitor patients skin condition, nutrition and hydration, and use validated tools for risk assessment. The most common preventive measures include patient positioning and skin care, often in collaboration with the entire healthcare team. Although barriers were identified, such as a lack of staff and patient non-compliance, nurses show a huge level of motivation for further education and professional development. The systematic approach to pressure ulcer prevention significantly contributes to the quality of nursing care and patient safety.