

The rigorous work „Exploiting elements of Gestalt therapy in the pedagogical and psychological consultancy (counselling children) focused on a development of counselling process shows, how it is possible to use the elements of psychotherapy in the practical counseling children. This work shows theoretically and practically the counselling process according to the Czech and foreign literature in the pedagogical and psychological advice bureau. There are solved legislative and term problems, relations between psychological consultancy and psychotherapy. The work describes the counselling process and its parts, both the only consultations and the long-term cooperation (individual or in groups). The rigorous work explains theoretically the basic principles of Gestalt therapy, its history and present, its basic elements: „here and now“, theory of the organism/environment field, awareness, the contact cycle, responsibility, psychological health, frustration and self-support, methods, goals, indication and also criticism of Gestalt therapy. Then practical using these principles are in the practical part of the rigorous work. The practical part of the work is monitoring the only consultations and the long-term cooperation, individual or in groups by the eyes of Gestalt therapist. It demonstrates exploiting concrete elements of the Gestalt therapy in two individual and one group cases. The work describes working with a client, techniques of patient and his problem focusing, disturbances of the contact boundary. It accent the significance of contract with client and his motivation. It emphasizes the specific problems of the children consultancy (children counselling), where it is necessary to respect all parts of the process - client, his family and school. This rigorous work highly stresses on the run of counselling-therapeutic process, which demonstrates on practical examples and sums up with help of reachable literature in the final theoretical part.