

ABSTRACT

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Title: Frailty syndrome assessment

Objectives: The aim of this thesis is to evaluate whether there is a gold standard in screening for frailty syndrome in the aging population.

Methods: The thesis is prepared in the form of a literature search from available Czech and foreign literary sources. First, the current state of the issue is discussed, then the theoretical background, then the objectives of the thesis and the research question are set. Subsequently, the methodology of the thesis is described. Finally, the results are presented, the research question is answered, and a discussion in which the results are discussed in more detail.

Results: In total, 7 studies were found that met the criteria. Based on the research, there does not currently appear to be a gold standard for the assessment of frailty syndrome that is applicable to all due to the variability in the clinical settings in which it is assessed.

Keywords: frailty, syndrome, frail, pre-frail, non-frail, phenotype, index, screening.