

UNIVERZITA KARLOVA

HUSITSKÁ TEOLOGICKÁ FAKULTA

Studijní program:

Sociální a charitativní práce - Mgr. (Kombinované studium)

Diplomová práce

Název

Dopady na ženy na rodičovské dovolené: Analýza
sociálních a psychologických aspektů

Vedoucí diplomové práce:

PhDr. Monika Nová, Ph.D.

Abstract

The thesis "**Impacts on Women on Parental Leave: Analysis of Social and Psychological Aspects**" focuses on analyzing the effects of parental leave on women, particularly from social and psychological perspectives. The aim of the thesis is to explore how this period influences daily routines, social interactions, economic situations, and the psychological well-being of women. The thesis addresses the challenges women face, such as adapting to a new role, balancing professional and family life, and the long-term impacts of this period on their lives.

Methodologically, the thesis combines a literature review with a questionnaire survey conducted among women on parental leave. The research covers questions related to social relationships, psychological adaptation, long-term effects of parental leave, and available support measures. The findings contribute to a deeper understanding of women's needs during parental leave and propose recommendations for improving support from society and institutions.

The topic is significant not only for the personal development of women but also in terms of broader social and economic implications. The thesis highlights the need to support women in their multifaceted roles and aims to contribute to the discussion on balancing family and professional life.