

Abstract

The diploma thesis is devoted to the topic Adaptation of the clients of the asylum house for mothers with children in the Central Bohemia region, who got into a difficult situation for various reasons and thus found themselves in this social facility, which is one of the available social assistance options in our city. My final thesis describes the facilities of one particular asylum and its target group of clients and specifies the problems, difficulties and needs of the clients and their children.

The goal of this work is to understand the barriers that female clients encounter with their children at the beginning of their stay in an asylum. The diploma thesis is divided into two parts.

The theoretical part describes the shelters, the target group to which the social service is provided and the adaptation process. The practical part consists of qualitative research, which was conducted in the form of semi-structured interviews with clients of the asylum and processed in the form of case studies.

At the end of the diploma thesis, I describe the results of my investigation and the answers to the main and sub-research questions.

Keywords

Shelter, single mothers, domestic violence, social exclusion, homelessness, housing issues, loneliness, divorce, adaptation, individual plan.