

# Endoscopic treatment for posthemorrhagic hydrocephalus in premature newborns

## Abstract

**Introduction:** Up to date the pathophysiology of posthemorrhagic hydrocephalus (PHH) in premature newborns is explained as a consequence of cytokine TGF  $\beta$ 1 release into cerebrospinal fluid (CSF) during initial bleeding, followed by induction of „inflammatory proteins“ in subarachnoidal spaces. Method of choice in treatment of PHH is ventriculo-peritoneal drainage. The role of endoscopic third ventriculostomy (ETV) in these patients is unclear, through obstruction is proved in some patients with PHH. The aim of our study was to monitor the success rate of ETV in the group of premature newborns with obstructive PHH and to ascertain the relation between TGF  $\beta$ 1 levels and development of hyporesorptive hydrocephalus and thus ETV success rate, which has not been reported yet.

**Materials and methods:** We followed 38 premature newborns with PHH since January 2004 to November 2007. 34 patients were treated by Ommaya reservoir implantation and repeated taps. In 29 patients TGF  $\beta$ 1 level was examined. In case of persisting hydrocephalus MRI of brain was performed. In 25 patients with proved obstruction on MRI ETV was indicated. We evaluated ETV success rate and those relation to TGF  $\beta$ 1 CSF levels.

**Results:** In 73,5% patients in our series the hydrocephalus was obstructive. Success rate of ETV in this group of patients was 48%. In biochemical part of our study we have proved statistically relevant probability in diagnosis of hyporesorptive hydrocephalus based on TGF  $\beta$ 1 level in CSF. Level exceeding 3296 pg/ml means 81,3% probability of presence of hyporesorption. Success rate of ETV in patients with MR proved obstruction and TGF  $\beta$ 1 level lower than 3296 pg/ml was 100% in our series.

**Conclusion:** The results of our work proved, that there is a group of premature newborns with obstructive PHH and according to the literature the success rate of ETV in these patients is comparable with patients of other types of obstructive hydrocephalus in the same age group.

TGF  $\beta$ 1 level in CSF indicates participation of hyporesorption in hydrocephalus development even in patients with proved obstruction on MRI and is associated with the success rate of ETV. Its level may influence decision-making in ETV for premature newborns with PHH.